

CHAPTER 1: A GOOD AND SUCCESSFUL FUTURE

BIG THEME

Entrusting the future to God

CHAPTER SUMMARY

God cares about the intimate details of our lives and provides us with divine guidance.

KEY SCRIPTURES

Genesis 37-45	Genesis 45:7-8
Genesis 50:20	Jeremiah 29:11
Proverbs 3:5-6	Romans 8:28

MAIN PASSAGE

Genesis 37-45

Genesis 50:20: As for you, you meant evil against me, but God meant it for good, to bring it about that many people should be kept alive, as they are today.

Romans 8:28: And we know that for those who love God all things work together for good, for those who are called according to his purpose.

Proverbs 3:5-6: Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him and he will make straight your paths.

DISCUSSION QUESTIONS

Who do you go to for help in making big decisions?

Do you feel like you are in control of your life and your future? Why or why not?

How would you describe God's involvement in Joseph's life?

How has God guided you when you didn't know what to do?

What are the promises that God has for those who follow him?

Group facilitators and leaders can adjust the questions as needed and choose which questions to ask as time permits



CHAPTER 2: LOST AND FOUND

BIG THEME

The Gospel: Knowing God's love through Jesus

CHAPTER SUMMARY

God wants to have a personal relationship with us, like that between a father and his child.

KEY SCRIPTURES

Luke 15:11-16	Romans 5:12
Luke 15:17-24	Romans 5:17, 18b
Genesis 1-3	Titus 3:3-8

MAIN PASSAGE

Luke 15:11-24

Romans 5:12: Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned—

Romans 5:17: For if, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ.

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DISCUSSION QUESTIONS

Was there ever a time in your life when you felt lost? What circumstances led you to that point?

What made the younger son realize his need to go back to his father?

How would you describe the moment you realized just how much you needed a relationship with God?

How was the father's reaction different from what the son expected it to be? How would seeing God as a loving father deepen your relationship with him?



CHAPTER 3: EXCLUSIVE: YOU ARE ONE OF A KIND!

BIG THEME

Identity & Purpose

CHAPTER SUMMARY

God knows who we are and deeply loves us. We are designed to know, love, and find our identity in God.

KEY SCRIPTURES

Ephesians 1:4 Luke 15:10
Ephesians 2:4 Colossians 1:15-16
Ephesians 2:10 John 15:16
Luke 15:20-24

MAIN PASSAGE

Luke 15:20-24

Ephesians 2:4: But God, being rich in mercy, because of the great love with which he loved us.

Colossians 1:15-16: He is the image of the invisible God, the firstborn of all creation. For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him.

DISCUSSION QUESTIONS

Have you ever felt unsure about who you are or why your life matters? What helped you through that season?

How does the story of the prodigal son help us understand who we are in God's eyes?

How does knowing that God loves you and wants you to be part of His family affect the way you live?

Group facilitators and leaders can adjust the questions as needed and choose which questions to ask as time permits



CHAPTER 4: LOVED AND NOT ALONE

BIG THEME

Made for right relationships

CHAPTER SUMMARY

God gives a blueprint for our relationships in His Word. This includes first being reconciled to Him.

MAIN PASSAGES

Mark 2:3-11

Ruth 1:16-17

Genesis 2:18: Then the Lord God said, "It is not good that the man should be alone; I will make him a helper fit for him.

Philippians 1:6: And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.

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KEY SCRIPTURES

Genesis 2:18

Ruth 2-3

Ecclesiastes 4:9-10

Ruth 3:10-11

Matthew 22:37-40

John 15:13

Matthew 7:12

Philippians 1:6

Mark 2:3-11

John 15:15

Ruth 1:8

John 3:16-17

Ruth 1:16-17

DISCUSSION QUESTIONS

What qualities do you see Jesus demonstrating in his relationships?

How does reflecting on Jesus' sacrificial life change the way you think about him?

What qualities do you value in your relationships with others? How do you go about reflecting those qualities yourself?



CHAPTER 5: SOLOMON'S SCROLLING GUIDE



BIG THEME

Wisdom in social media use

CHAPTER SUMMARY

God's Word is the source of wisdom, and He guides us through the Holy Spirit. Those who belong to Him are able to seek the wisdom that comes from God.

DISCUSSION QUESTIONS

One of the first warnings mentioned in the chapter is about pride. Can you think of an example in your life when your choices were motivated by pride? (Whether in social media or in real life).

How have you seen social media used for a good purpose?
How have you seen it used in a harmful or negative way?

God promises to guide us with wisdom if we follow, trust, and obey him. What part of your life do you need God's wise guidance right now?

KEY SCRIPTURES

Proverbs 3:5-6	Psalms 119:105
Proverbs 8:35	Hebrews 10:24
Proverbs 16:18	Proverbs 16:16
Proverbs 19:8	Proverbs 18:18-20
Proverbs 11:17	Proverbs 17:9
Proverbs 11:2	Proverbs 19:8
Psalms 101:1-3	

MAIN PASSAGES

Psalms 119:105

Proverbs 3:5-6

Proverbs 16:1

Proverbs 19:8

Group facilitators and leaders can adjust the questions as needed and choose which questions to ask as time permits



CHAPTER 6: GENDER, CHOICE AND TRUTH

BIG THEME

Gender Identity

CHAPTER SUMMARY

Our inner struggles are part of living in a broken world. Christ's sacrificial death on the cross is sufficient to cover all of our sins and allows us to live in his grace as we grow in relationship with him.

MAIN PASSAGES

John 4:6-29

Psalm 139:13: For you formed my inward parts; you knitted me together in my mother's womb.

Ephesians 2:3-5: Among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind. But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved—

Ephesians 2:10: For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Genesis 1:27: So God created man in his own image, in the image of God he created him; male and female he created them.

KEY SCRIPTURES

James 1:5a	Genesis 1:27
Galatians 5:25	Psalm 139:13
Proverbs 3:5-6	Ephesians 1:4
Philippians 4:8b	Ephesians 2:3-5
Colossians 2:10	Ephesians 2:10
1 Peter 2:24	

DISCUSSION QUESTIONS

This chapter talks about how feelings can be untrustworthy. How can we choose to respond rightly to our emotions instead of letting them control us?

What kinds of questions or feelings have you had about your gender or how you express yourself?

Jesus offered the woman at the well "living water" to fill her spiritual thirst. What does Jesus offer and promise us if we come to Him? (New life, a new beginning, grace, his Presence, new desires, an eternal home, a new hope).

Group facilitators and leaders can adjust the questions as needed and choose which questions to ask as time permits

CHAPTER 7: PEACE IN THE STORM

BIG THEME

Mental Health

CHAPTER SUMMARY

Mental health struggles can be brought about by circumstances as well as a broken mind & body. God promises true life in Christ and peace that comes in being in a relationship with Him.

MAIN PASSAGES

1 Kings 18

1 Kings 19:1-13

1 Peter 5:7: Cast all your anxiety on him because he cares for you.

Philippians 4:7: And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Isaiah 41:10: So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Matthew 6:34: Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

KEY SCRIPTURES

Romans 8:38-39	Lamentations 3:31-32
Deuteronomy 33:27	Romans 10:13
Ephesians 2:10	1 Peter 5:7
John 1:12	Philippians 4:7
Psalms 55:4-7	Hebrews 4:14
1 Kings 18; 19:1-2	Colossians 1:15
1 Kings 19:3-15a	Isaiah 41:10
1 Kings 19:4-9	Psalms 29:10-11
1 Kings 19:11-13	Matthew 6:34

DISCUSSION QUESTIONS

Do you relate to Elijah's experience of anxiety and fear in this chapter? Can you think of a time when you felt overwhelmed by a "storm" in your own life to share with the group?

Why do you think God chose to speak to Elijah through a gentle whisper instead of in the dramatic events like the wind, earthquake, or fire? What might this teach us about how God comforts us in difficult times?

How does knowing that Jesus experienced the same weaknesses as us change how we respond to Him? Yes, He is God, but He is also man who experienced pain and emotions.

Group facilitators and leaders can adjust the questions as needed and choose which questions to ask as time permits



CHAPTER 8: SOMEONE TO KNOW AND LOVE

BIG THEME

The Gospel

CHAPTER SUMMARY

Believing in Christ is the only way to salvation, to truly know God, and to have a relationship with Him.

MAIN PASSAGE

John 3:16: For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Romans 6:23: For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Ephesians 2:1: And you were dead in the trespasses and sins.

Romans 5:8-11: But God shows his love for us in that while we were still sinners, Christ died for us. Since, therefore, we have now been justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

KEY SCRIPTURES

John 3:16	Romans 5:8-11
Romans 6:23	Ephesians 2:1
Philippians 2:8	Romans 10:9
1 Peter 2:24	Colossians 1:13
Colossians 1:20	

DISCUSSION QUESTIONS

Throughout the book it was mentioned that Christ died for us in place of our sins. How have you understood that Jesus is the only one who can save you from your sins so you can have a relationship with God?

What does it mean to have new life in Jesus? (Eternal life, finding our hope and purpose in Him, having our sins forgiven, receiving his love, mercy, and grace).

In what area of your life do you feel your need for God right now? (Academics, family problems, friendship issues, etc.) Would you like to know more of what the Bible says about God's saving love for you?

Group facilitators and leaders can adjust the questions as needed and choose which questions to ask as time permits